

Cluttered network cabinets affect office work

A cluttered workspace can negatively affect your mood, leading to decreased productivity. Studies have shown that a clean and organized workspace can boost your mood, leading to ...

Using a crowd-sourced sample of 290 U.S. adults employed full-time in office and/or home settings, we surveyed whether office clutter impacted workplace well-being (job satisfaction, job...

Are you worried about your workplace productivity? Confie walks you through how having a cluttered desk is actually harming your productivity.

It was hypothesized that office clutter would negatively impact job satisfaction and employee engagement, positively impact emotional exhaustion and occupational stress, and job ...

In this article, we will explore the many ways clutter affects productivity, the psychological science behind it, and practical steps you can take to eliminate clutter and improve your focus and output.

Clutter can force employees to work in awkward positions, leading to strain and discomfort. A well-organized office promotes better posture and reduces the risk of musculoskeletal ...

Clutter in the workplace has real cognitive and emotional consequences. Neuroscience research shows that environments with excessive visual stimuli, like piles of documents, tangled ...

In a study published in Psychological Science, researchers had participants complete different tasks in both cluttered and uncluttered offices. The scientists found that those who worked in ...

Clutter can increase stress levels and decrease productivity by up to 40%, especially if employees work from home, in factories, warehouses, or offices. The visual chaos created by a ...

Summing up, the relationship between office clutter and productivity is clear - a cluttered workspace can impede employee performance, while a tidy and organized environment can enhance focus, ...

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